

Stringent Control Over Cytoplasmic and Membrane Densities Defines Cell Geometry in *Escherichia coli*

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Abstract

Understanding how cells regulate their growth rate, macromolecular composition, and size have been central topics in the study of microbial physiology for the better part of a century. However, we lack a mechanistic understanding of how cells so tightly coordinate biosynthesis and size control across diverse environments. In this work, we present a biophysical model of cell size control that quantitatively predicts how rod-shaped bacterial cells such as *E. coli* regulate their surface-to-volume ratio as a function of their composition. Central to this theory is a biochemical constraint that the protein density within the cell membranes and the macromolecular density within the cell cytoplasm are strictly controlled and kept at a constant ratiometric value. Through a reanalysis of more than 30 published data sets coupled with our own experiments, we demonstrate that this theory quantitatively predicts how the surface-to-volume ratio scales with the total RNA-to-protein ratio. We further test and confirm this theory by directly adjusting the RNA-to-protein ratio through genetic control of cellular ppGpp concentrations. This work demonstrates that cellular composition, rather than the growth rate, drives the regulation of cell geometry and provides a candidate biophysical mechanism for how cell size homeostasis is manifest.

1 Introduction

Microbial cells are remarkably plastic biochemical assemblies, demonstrating large-scale changes in composition and mass across diverse environments, yielding a broad range of growth rates.¹⁻³ Furthermore, microbes control their size and shape in concert with their growth rate,⁴⁻⁷ suggesting that a strong link can be made between size and the wholesale composition of the cell. Despite this, these phenomena have been studied largely in isolation for decades, culminating in a set of phenomenological "growth laws" which quantitatively examine how cellular composition and geometry independently relate to the steady-state growth rate.

One such growth law, extensively characterized in *E. coli*, is the observation that the RNA-to-protein ratio is strongly correlated with the growth rate across diverse conditions [Fig. 1(A)]. Through experimental⁸⁻¹² and theoretical¹³⁻¹⁹ dissection, this dependence has been rationalized as consequence of the precise

33 coregulation of metabolism and protein synthesis that allows cells to rapidly proliferate across environments.
34 In a similar vein, the apparent exponential relationship between the population-averaged cell volume and
35 growth rate [Fig. 1(B)] has been the subject of intense theoretical and experimental scrutiny,^{5,6,20-29} though
36 a consensus view has not yet emerged. While the molecular details remain enigmatic, the prevailing hypoth-
37 esis^{20,30} is that control and homeostasis of cell size across the cell cycle results from the precise coordination
38 between the initiation of DNA replication, growth, and the time between initiation of replication and cell
39 division. The regulation of protein synthesis plays a minor if not negligible role.

40 In this work, we present an alternative model of cell size control across environments centered on the
41 regulation of protein synthesis and independent of DNA replication. Rather, we argue that cell size con-
42 trol emerges as a consequence of maintaining constant macromolecular densities across growth conditions.
43 Driven by the empirical observation that both the total drymass density and membrane protein areal density
44 are invariant across growth conditions, we derive a simple model which predicts that the cellular surface-to-
45 volume ratio S_A/V is inversely proportional to the RNA-to-protein ratio thereby linking the compositional
46 and dimensional growth laws. Through a survey of literature data and our own measurements of cell size and
47 composition in *E. coli*, we find this theory is quantitatively predictive and accurately captures the observed
48 scaling of S_A/V across an order of magnitude variation in growth rate. With the maintenance of macro-
49 molecular densities as a central biophysical principle, we propose a view of cell size control that concretely
50 links the growth laws under a single theoretical framework.

51 2 Results

52 2.1 Density Maintenance as a Physiological Principle

53 Living matter is constrained by fundamental chemical and physical limits. For example, while cells coordinate
54 and regulate myriad chemical reactions to facilitate growth and proliferation, the individual rates of these
55 reactions are highly sensitive to the physicochemical details of their surroundings, including the density
56 of macromolecules within cellular compartments.³¹⁻³³ As a result, it has been suggested that cells have
57 evolved to operate in a narrow "optimal" density regime.³⁴⁻³⁶ This hypothesis is well supported by a litany
58 of observations that the total cellular drymass density^{1,37-44} [and, by extension, the cytoplasmic drymass
59 (Appendix 1)] is exceptionally tightly maintained across a variety of growth conditions [Fig. 1(C)].

60 Beyond biochemical reaction rates, macromolecular densities have further been shown to impact cel-
61 lular ultrastructure, including the chromatin⁴⁵⁻⁴⁷ and membranes.⁴⁸⁻⁵¹ As there are enumerable interfa-
62 cial interactions between the cytoplasmic and membrane components (such as transport reactions and
63 chemosensory signaling), it is plausible that densities of proteins within the cell membrane may be simi-
64 larly constrained across growth conditions.^{52,53} Based on a collection of proteomics data sets⁵⁴⁻⁶⁰ and
65 measurements on cell size^{27,61-65} as well as total cellular protein,^{1,41,54,56,66,67} we directly calculated the
66 membrane protein density using a Bayesian inferential model to quantify the corresponding uncertainty
67 [Fig. S2 and Appendix 2]. In line with our hypothesis, we find that the membrane protein density is very
68 well constrained across growth conditions [Fig. 1(D)]. Furthermore, we find that this constancy is not simply
69 a result of averaging as both the inner and outer membrane densities independently are tightly constrained
70 [Fig. S3].

71 Further quantification shows that both densities are remarkably tightly constrained with median values

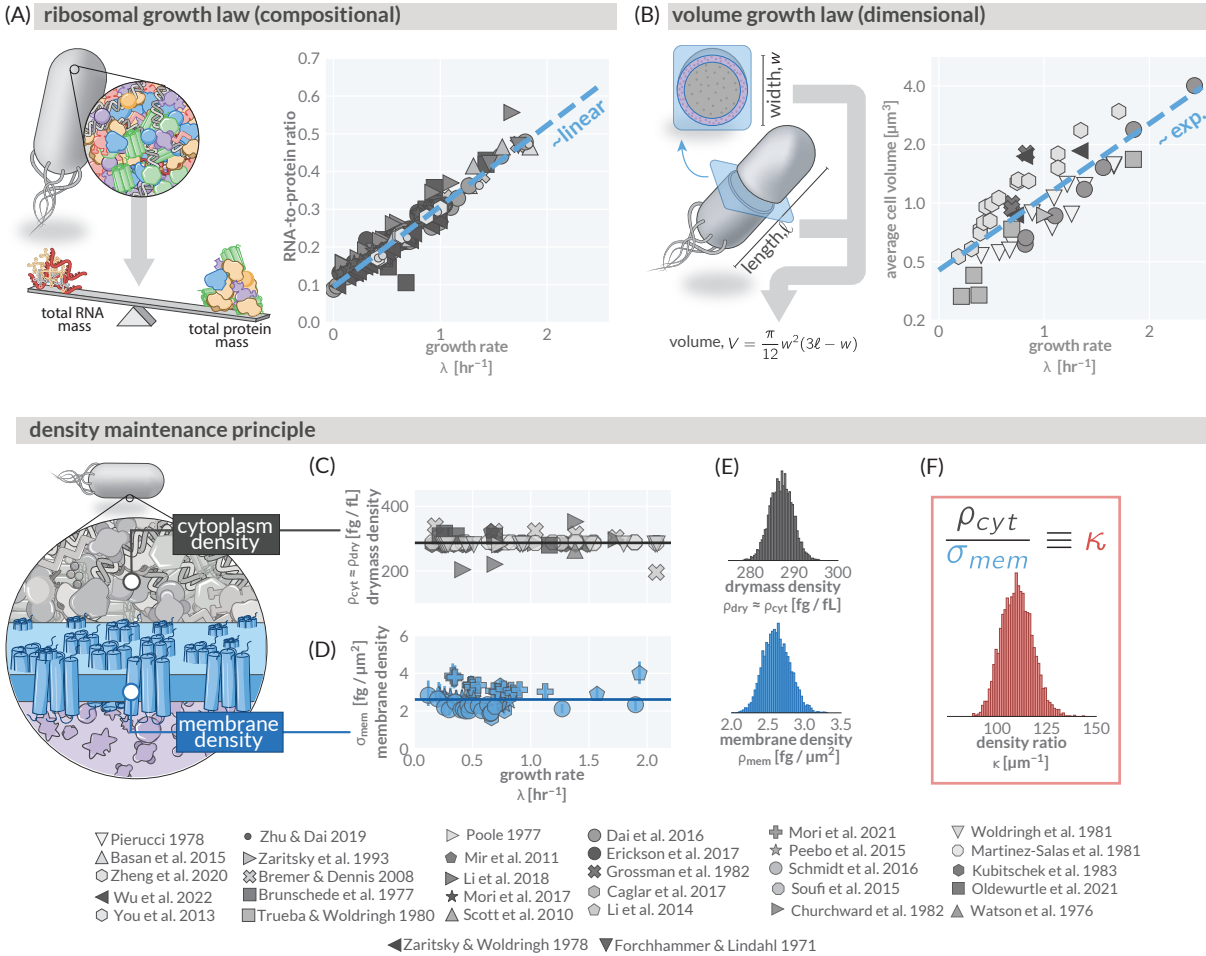


Figure 1: Cellular “growth laws” of *E. coli* and the principle of density maintenance. (A) The ribosomal growth law relates the composition of the proteome and RNA between ribosomes and non-ribosomal proteins as a function of the steady state growth rate λ , modulated here primarily through growth on different carbon sources. (B) The volume growth law relates the scaling of cellular dimensions as a function of the growth rate. The corresponding scaling behavior of width w and length ℓ is shown in Fig. S1. The drymass density (C) and the protein density within the cell membrane(s) (D) are held remarkably constant as a function of the growth rate. (E) Empirical posterior probability distributions of the cytoplasmic macromolecular density (top) and total membrane protein density (bottom) inferred from data in (C) and (D), respectively. (F) The ratio of these posterior distributions yields a density ratio κ with a median value of $\approx 106 \mu\text{m}^{-1}$.

72 of $\rho_{cyt} = 287.09^{+5.26}_{-5.21} \text{ fg} / \text{fL}$ and $\sigma_{mem} = 2.7^{+0.4}_{-0.3} \text{ fg} / \mu\text{m}^2$ [Fig. 1(E)] where the sub- and super-scripts denote
 73 the lower and upper bounds of the 95% credible regions. As both of these quantities are constant across
 74 growth rates, their ratio κ is also constant with an approximate value $\rho_{cyt} / \sigma_{mem} \equiv \kappa = 106^{+15}_{-14} \mu\text{m}^{-1}$ [Fig.
 75 1(F)], and represents a measure of density maintenance between cellular compartments.

76 2.2 Deriving a Theory of Density Maintenance

77 To understand the physiological meaning of density maintenance, we mathematically examined how cyto-
 78 plasmic and membrane densities relate to cell geometry. By definition, the membrane protein density σ_{mem}

79 depends on the total mass of membrane proteins $M_{prot}^{(mem)}$ and the total membrane area,

$$\sigma_{mem} = \frac{M_{prot}^{(mem)}}{2S_A}, \quad (1)$$

80 where S_A represents the cell surface area and the prefactor of 2 reflects the fact that *E. coli* has two narrowly
81 spaced membrane layers.⁶⁸ Similarly, the cytoplasmic drymass density ρ_{cyt} follows from the masses of the
82 cytoplasmic molecules and the cell volume V ,

$$\rho_{cyt} = \frac{M_{RNA} + M_{DNA} + M_{prot}^{(cyt)} + \dots}{V}, \quad (2)$$

83 where M_{RNA} and M_{DNA} represent the masses of total RNA and DNA, respectively, and the ellipses (...)
84 denote all other molecules (lipids, metabolites, etc). Making the well-supported approximation that total
85 RNA, DNA, and protein constitute the vast majority of total drymass,¹ the density ratio κ can be defined as

$$\kappa \equiv \frac{\rho_{cyt}}{\sigma_{mem}} = \frac{M_{RNA} + M_{DNA} + M_{prot}^{(cyt)}}{M_{prot}^{(mem)}} \times \frac{2S_A}{V}. \quad (3)$$

86 Thus the density ratio κ can be thought of as a composition-dependent modification of the surface-to-
87 volume ratio S_A/V , a quantity that has been proposed as a state variable that cells directly monitor and
88 control.⁵

89 It is often easier experimentally to measure the relative mass of a protein X to the mass of the proteome
90 as a whole, $\phi_x = M_X / M_{prot}^{(tot)}$, rather than its *absolute* mass M_X . Taking that the total proteome is composed
91 of cytoplasmic, periplasmic, and membrane proteins, it then follows that

$$M_{prot}^{(cyt)} = M_{prot}^{(tot)} (1 - \phi_{mem} - \phi_{peri}), \quad (4)$$

92 where ϕ_{mem} and ϕ_{peri} represent the proteome fractions of membrane and periplasmic proteins, respectively.

93 Making this substitution and solving Eq. 3 for the surface-to-volume ratio S_A/V (see Methods) then
94 yields

$$\frac{S_A}{V} = \frac{\phi_{mem}\kappa}{2 \left[1 + \frac{M_{RNA}}{M_{prot}^{(tot)}} - \phi_{mem} - \phi_{peri} \right]}, \quad (5)$$

95 where we make the approximation that the total mass of DNA is small compared to the total protein
96 mass¹ ($\frac{M_{DNA}}{M_{prot}^{(tot)}} \lesssim 0.05$). This equation, schematized in Fig. 2(A), presents a simple argument for how the
97 surface-to-volume ratio S_A/V should scale with respect to the RNA-to-protein ratio $\frac{M_{RNA}}{M_{prot}^{(tot)}}$ and proteome
98 composition, thereby linking cellular composition with cell geometry. Beyond being independent of the cell
99 growth rate, we stress that this theory requires knowledge of *only* the protein and RNA composition, and
100 *not* the DNA content, thereby being ignorant of DNA replication as a process.

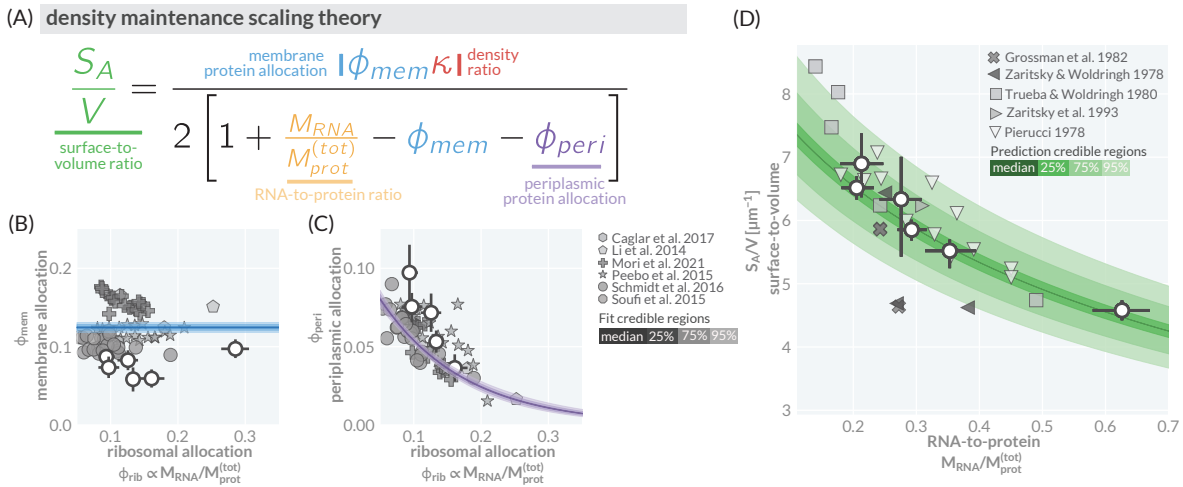


Figure 2: A density maintenance theory quantitatively predicts changes in cell dimensions as a function of cellular composition and proteome allocation. (A) The density maintenance theory as derived in the main text with RNA-to-protein ratio, and membrane/periplasmic proteome fractions (ϕ_{mem} and ϕ_{peri}) highlighted in gold, blue, and purple, respectively. The dependence of (B) ϕ_{mem} and (C) ϕ_{peri} on the ribosomal proteome fraction ϕ_{rib} , which is proportional to the RNA-to-protein ratio $\frac{M_{RNA}}{M_{prot}^{(tot)}}$, as obtained from the analysis of different proteomics data (gray markers) and own measurements (white-faced circles). Shaded lines show the inferred dependence, assuming a constant allocation of ϕ_{mem} and a variable ϕ_{peri} . (D) Predicted scaling (shaded green bands) of the cellular surface-to-volume ratio overlaid with inferred literature data (shaded markers) and our own data (white-faced circles). Error bars on measurements from this study represent the extent of the 95% credible regions of the parameter estimate while the circles represent the median value of the posterior distribution. Shaded bands in (D) represent the bounds of the 95%, 75%, 25%, and median percentiles of the posterior prediction.

101 2.3 Measurements of Surface-To-Volume Agrees With Density Maintenance Theory

102 Following our theory, the surface-to-volume ratio S_A/V is dependent on three key parameters—the pro-
 103 teome fractions ϕ_{mem} and ϕ_{peri} , and the RNA-to-protein ratio $\frac{M_{RNA}}{M_{prot}^{(tot)}}$. As the RNA-to-protein ratio is directly
 104 proportional to the ribosomal proteome fraction ϕ_{rib} ^{9,17} we can examine how membrane and periplasmic
 105 proteins are co-regulated with ribosomal components. Again leveraging recently published proteomics data,
 106 we find that the membrane and periplasmic proteome fractions have different scaling relationships with the
 107 ribosomal content [Fig. 2(B-C, shaded markers)]. We note that while there is variation between studies, the
 108 observed scaling within each data set is notably conserved. First, we observe that the membrane proteome
 109 fraction is a fixed quantity at $\phi_{mem} = 0.131^{+0.006}_{-0.006}$ (blue lines), suggesting that while the expression of indi-
 110 vidual membrane components may vary across conditions,⁶⁹ the total membrane protein fraction is fixed.
 111 Secondly, we observe that the periplasmic protein allocation is negatively correlated with the ribosomal
 112 proteome fraction, ranging between ≈ 0.1 and ≈ 0.01 across a three fold variation in ribosomal content
 113 [Fig. 2(C)]. Further interrogating this dependence we found that it is well described by a constant mass of
 114 periplasmic protein per cell ($m_{peri} = 10^{+1}_{-1}$ fg) that is independent of growth condition [Fig. S4 and Appendix
 115 3.3]. This assumption yields accurate representation of the dependence of ϕ_{peri} on the ribosomal proteome
 116 fraction ϕ_{rib} [Fig. 2(C, purple lines)].

117 With estimates for κ , ϕ_{mem} , and ϕ_{peri} and their scaling with $\frac{M_{RNA}}{M_{prot}^{(tot)}}$ in hand, we have the parametric knowl-
 118 edge necessary to draw predictions of how S_A/V scales as a function of the RNA-to-protein ratio, illustrated
 119 by the shaded green bands in Fig. 2(D). Using the empirical ribosomal growth law [Fig. 1(A)], we estimated
 120 the RNA-to-protein ratio for a slew of surface-to-volume measurements from the literature^{61–65} [Appendix

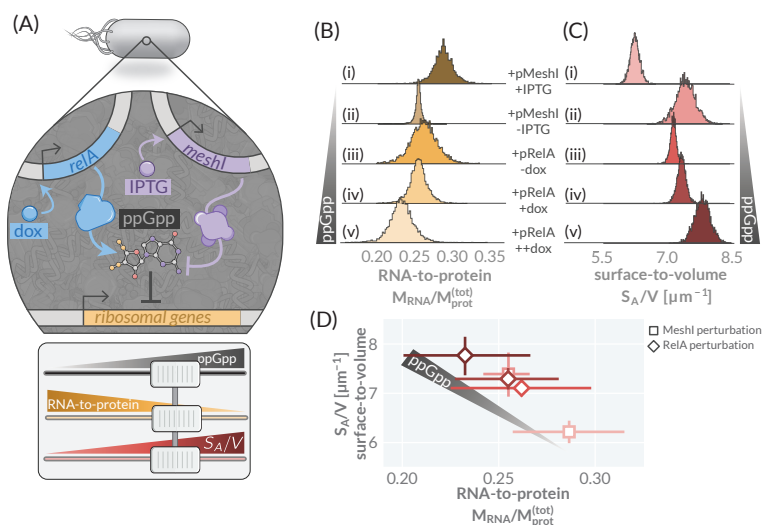


Figure 3: Perturbing ppGpp levels predictably alters the surface-to-volume ratio. (A, top) The genetic system as adapted from Büke *et al.*⁷⁰ allowing for inducible control over intracellular ppGpp concentrations. (A, bottom) The predicted effect on RNA-to-protein and surface-to-volume ratios upon changes in intracellular ppGpp concentrations. The inferred posterior probability distributions for each construct and induction condition for (B) the RNA-to-protein and (C) the surface-to-volume ratios. (D) Anticorrelation of median values of distributions shown in (B) and (C). Error bars in (D) represent the extent of the 95% credible region of the parameter estimates.

121 1] and found notable agreement with the prediction [Fig. 2(D, shaded points)].

122 Thus far, all characterization of the model has been performed using a combination of different measure-
 123 ments from the literature. To further test the predictive power of the theory, we independently measured
 124 the RNA-to-protein ratio $\frac{M_{RNA}}{M_{prot}^{(tot)}}$ and cell size parameters for growth on six different carbon sources. To di-
 125 rectly measure the protein fractions ϕ_{mem} and ϕ_{peri} for these conditions, we further developed and applied
 126 biochemical assays that utilize osmotic shocks, ultracentrifugation, and protein quantification methods to
 127 separate and quantify protein fractions. Detailed protocols and controls are discussed in Appendix 3, with
 128 a brief description provided in the Methods. As our experimental data is not used in the inference of *any*
 129 of the model parameters, these measurements serve as a direct test of the theory and we find they stand
 130 in excellent agreement with the theoretical predictions [Fig. 2, white-faced circles]. Together, our measure-
 131 ments and the reanalysis of literature data strongly support a hypothesis that density maintenance defines
 132 the cellular surface-to-volume.

133 2.4 Perturbations of Intracellular ppGpp Concentrations Predictably Alter Cellular Geometry

134 The density maintenance theory predicts that modulation of the RNA-to-protein ratio shifts the surface-
 135 to-volume ratio in a manner that is independent of the particular growth condition. The RNA-to-protein
 136 ratio is predominantly regulated via guanosine tetraphosphate (ppGpp) which regulates the expression of
 137 a large battery of genes, including those encoding for ribosomal proteins and rRNA,⁷¹⁻⁷⁴ and has recently
 138 been shown to play a role in cell size control.⁷⁰ Thus, we hypothesize that controlling intracellular ppGpp
 139 concentrations should influence the surface-to-volume by altering the RNA-to-protein ratio, as predicted
 140 by the density maintenance theory. We sought to test this hypothesis using a genetic construct developed
 141 by Büke *et al.* which modulates ppGpp concentrations via induction of RelA and Meshl, enzymes involved
 142 in the synthesis and degradation of ppGpp, respectively [Fig. 3(A)]. In a single growth condition (a glucose-
 143 supplemented minimal medium), we titrated the expression of these enzymes and measured the RNA-to-
 144 protein and the surface-to-volume ratios.

145 Using our ensemble of measurements, we employed a Bayesian inferential model to infer the posterior
 146 probability distributions for the RNA-to-protein [Fig. 3(B)] and the surface-to-volume [Fig. 3(C)] ratios. We
 147 found that decreasing ppGpp via induction of Meshl [Fig. 3(C,i)] or increasing ppGpp via induction of RelA

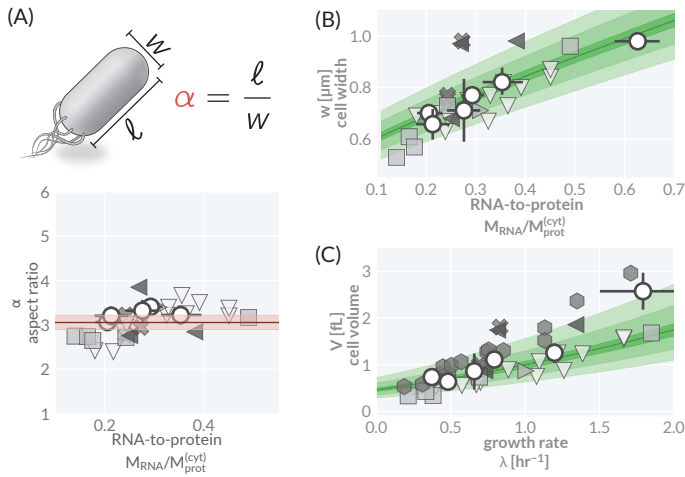


Figure 4: Aspect-ratio maintenance permits prediction of the volume growth law. (A) The average cellular aspect ratio between width and length is largely independent of the cellular composition. Light and dark red bands represent the 95% credible region and median estimate of the posterior probability distribution. (B) Predicted scaling of cell width with the RNA-to-protein ratio assuming a constant average aspect ratio. (C) The predicted and observed volume as a function of the growth rate, assuming the ribosomal growth law [Fig. 1(A), dashed line]. White-faced points represent median values of the inferred posterior distributions from our measurements for growth on different carbon sources, with error bars representing the bounds of the 95% credible region. Shaded symbols are the same as those listed in the legends of Fig. 1 and Fig. 2. Shaded green bands in (B and C) represent the bounds of the 95%, 75%, 25%, and median credible regions of the prediction.

148 [Fig. 3 (C, iv-v)] resulted in an increase or decrease in the RNA-to-protein ratio compared to the uninduced
 149 conditions [Fig. 3(C, ii-iii)], respectively. We further observed a increase in the surface-to-volume ratio with
 150 an increase in ppGpp concentration [Fig. 3(C)]. Plotting the surface-to-volume versus the RNA-to-protein
 151 ratios of each induction condition against each other [Fig. 3](D) reveals a strong anticorrelation between
 152 them, in line with our hypothesis under the density maintenance theory. In summary, these findings strongly
 153 supports the claim that cell geometry is set by the cell composition, and not the details of the particular
 154 growth condition.

155 2.5 Control of Aspect Ratio Permits a Union of the Ribosomal and Volume Growth Laws

156 The density maintenance theory concretely captures how the surface-to-volume ratio scales with the aver-
 157 age cellular composition. However, cells also show exquisite control over their absolute cell dimensions—as
 158 demonstrated by the volume growth law [Fig. 1(B)]—suggesting another layer of regulation must take place.
 159 However, while the cell size varies considerably across conditions [Fig. S1], *E. coli* takes on a very character-
 160 istic rod shape with an average length approximately three times its average width.^{75,76} We note that this
 161 property, the length-to-width aspect ratio α , is narrowly constrained across many growth conditions and
 162 independent of the RNA-to-protein ratio [Fig. 4(A)].

163 If the aspect ratio, like the density ratio κ , is held constant across conditions, the density maintenance
 164 theory can be easily extended to make predictions of absolute cell dimensions. First, we note that the
 165 surface-to-volume ratio is inversely proportional to the average width (derived in Methods),

$$\frac{S_A}{V} = \frac{12\alpha}{3\alpha - 1} \times \frac{1}{w}. \quad (6)$$

166 Using this, we can extend the density maintenance theory to predict average cell width from the cellular
 167 composition,

$$w = \frac{24\alpha}{3\alpha - 1} \times \frac{1 + \frac{M_{RNA}}{M_{prot}^{(tot)}} - \phi_{mem} - \phi_{peri}}{\phi_{mem}\kappa}. \quad (7)$$

168 Like the surface-to-volume ratio, we find excellent agreement between the predicted cell width and a com-
 169 bination of our own measurements and literature data [Fig. 4(B)].

170 With a constant average aspect ratio, the density maintenance theory can be used to describe the
171 relationship between cell volume and the RNA-to-protein ratio. As the relationship between the RNA-to-
172 protein ratio and the bulk growth rate is well understood,^{14,16,17} this allows us to predict how cell volume
173 scales as a function of the growth rate [Fig. 4(C)], therefore rationalizing the volume growth law [Fig. 1(B)]
174 without invoking DNA replication.

175 3 Discussion

176 In this work, we take a holistic approach towards understanding the coregulation between cellular composi-
177 tion and size. We provide a concrete, biophysical principle at the center of this regulation—that macromolec-
178 ular densities within the cytoplasm and the areal density of proteins in the cell membrane are held within a
179 narrow range. Following a simple mathematical derivation based on the definition of these densities, we find
180 that this principle imposes strong constraints on the cellular geometry, namely the surface-to-volume ratio.
181 Through a thorough reanalysis of literature spanning nearly half a century, coupled with our own biochemi-
182 cal measurements, we demonstrate that this theory of density maintenance quantitatively predicts how the
183 surface-to-volume ratio is dependent on the RNA-to-protein ratio with remarkable precision. Importantly,
184 this approach demonstrates that cell composition, and *not* bulk growth-rate, is a major determining factor
185 of cell size control.

186 Beyond our own analysis, we find that a theory of density maintenance stands in good agreement with
187 other literature examining what does (and does not) alter cell size across conditions. For example, Basan
188 *et al.*²¹ used a series of perturbations, including the extreme overexpression of a non-needed cytoplasmic
189 protein, to drastically change composition. As anticipated by our theory, Basan *et al.* observed that the
190 average cell size increased considerably while total drymass density was maintained. Furthermore, as our
191 theory does not include any rate parameters or binding constants, we would expect its predictions to be
192 independent of temperature. Indeed, this is consistent with previous studies showing that cell composition
193 and size are both well-maintained across temperatures, while the growth rate is strongly temperature de-
194 pendent.^{4,77-81} Finally, while we focus in this work on *E. coli*, there is evidence that density maintenance
195 may be a more general property across the microbial world. For example, recent work in *Corynebacterium*
196 *glutamicum*,⁸² a gram-positive bacterium, reveals a strong correlation between the surface-to-volume ratio
197 and the RNA-to-protein ratio that is consistent with our theoretical predictions. Similarly, the methanogenic
198 archaeon *Methanococcus maripaludis* demonstrates a fixed composition across growth conditions and, in line
199 with our theory, a fixed cell size.⁸³ In total, a hypothesis that cells prioritize the maintenance of macromolec-
200 ular densities and do so through control of cell geometry is strongly supported by a litany of observations
201 which have at times seemed incongruous.

202 Recently, Büke *et al.*⁷⁰ demonstrated that ppGpp directly altered average cell volume in a manner that
203 was uncoupled from the bulk growth rate. While this study unequivocally proves a relationship between
204 ppGpp concentration and cell size, the precise mechanism remains speculative. Our theory of density main-
205 tenance rationalizes this relationship—intracellular ppGpp pools modulate the RNA-to-protein ratio through
206 the regulation of expression of ribosomal rRNA and protein genes, therefore altering the composition and
207 thus the cell geometry. Other work by Harris & Theriot⁵ has proposed that the surface-to-volume ratio is
208 a quantity that cells actively monitor and homeostatically control through the coordination of volume and

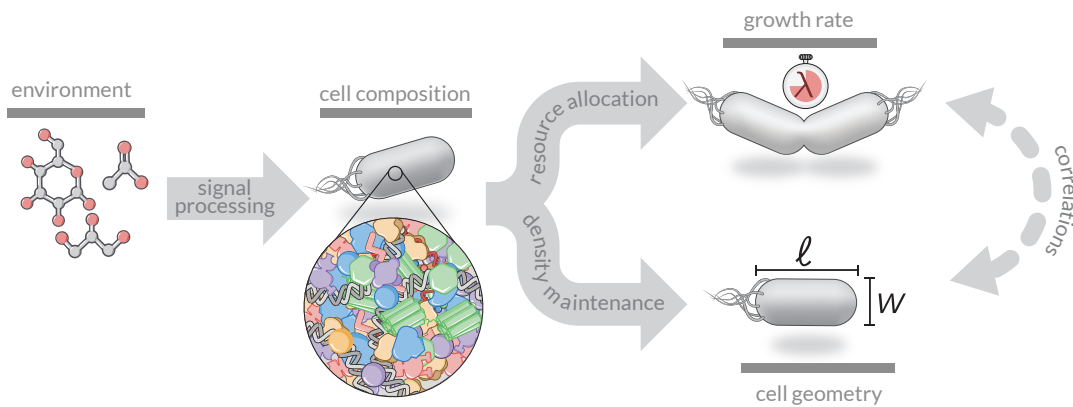


Figure 5: A revised model of cell size and growth rate regulation. Chemical details of the environment set the cellular composition through sensory pathways and integrated regulation of gene expression. Given the cellular composition, the bulk growth rate is determined via the regulation of metabolic and translational fluxes, setting cellular composition. Simultaneously and following our density maintenance theory pressure to simultaneously preserve macromolecular densities within the cytoplasm and membrane protein densities within the membrane determines cellular geometry.

209 surface expansion. Our work provides a biophysical principle by which relative differences between these
 210 processes can be sensed. Particularly, we believe that actively monitoring the density ratio κ could provide
 211 the feedback control necessary to ensure that the surface-to-volume ratio is properly constrained. This
 212 begs two fundamental molecular questions: how could cells sense densities and how is sensing coupled to
 213 width control?

214 We speculate that the Rod complex lies at the heart of both of these questions. The Rod complex is
 215 a large protein assembly⁸⁴⁻⁸⁶ found across the bacterial tree of life,⁸⁷ which rotates about the long axis
 216 of the cell along the inner membrane expanding the cell wall and, therefore, increasing the cell volume
 217 and surface area.^{88,89} While lengthening the cell over the course of the cell cycle, the Rod complex also
 218 determines the width of the cell,^{85,90,91} thereby controlling the surface-to-volume ratio. Thus, for densities
 219 in the cytoplasm and membrane to be effectively maintained, the activity of the Rod complexes must be
 220 directly controlled. As the Rod complex rotates through both the cytoplasmic and membrane environments,
 221 it is subjected to density-dependent forces. We thus think it is plausible that the action of the Rod complex
 222 is modulated by membrane and cytoplasmic densities to ensure coordination of length increase and width
 223 control. As genetic perturbations of various Rod complex components have been shown to strongly affect
 224 cell size and shape homeostasis,^{91,92} we speculate that they may together act also as “sensor” of the relative
 225 density between the membrane and cytoplasm.

226 Despite evidence that growth rate regulation and cell size control are uncoupled in various situations—
 227 such as through temperature variation— growth rate is commonly viewed as a control variable for bacterial
 228 physiology as a whole. However, we argue that growth should be thought of as an emergent property of
 229 the cellular physiology, as is cell size [Fig. 5]. We view the cell composition as being set by the coordination
 230 of gene expression following from sensing of the cells’ environment and its metabolic state. Growth rate
 231 emerges from the relative rates of metabolism and translation resulting from this composition.¹⁷ Separately,
 232 as we have demonstrated in this work, the pressure to maintain macromolecular densities within the cyto-
 233 plasm and membrane compartments strongly constrains the cellular geometry. As a consequence, strong
 234 correlations between cell size and growth rate can emerge even without a direct causal link between them.
 235 Thus, approaches to understand cell physiology should not rely on growth rate as an explanatory process,

236 but rather the fundamental physical and chemical limits that cells must obey and can plausibly biochemically
 237 measure.

238 4 Methods

239 4.1 Full Derivation of Surface-To-Volume Density Maintenance Theory

240 Here we provide a step-by-step demonstration of how we arrived at Eq. 5 from the definition of the density
 241 ratio κ . Noting that the cytoplasmic protein mass can be expressed in terms of the proteome mass fractions
 242 (Eq. 4; $M_{prot}^{(cyt)} = M_{prot}^{(tot)}(1 - \phi_{mem} - \phi_{peri})$), Eq. 3 can be expressed as

$$\kappa \equiv \frac{\rho_{cyt}}{\sigma_{mem}} = \frac{M_{RNA} + M_{DNA} + M_{prot}^{(tot)}(1 - \phi_{mem} - \phi_{peri})}{M_{prot}^{(mem)}} \times 2S_A V. \quad (8)$$

243 Multiplying the numerator and denominator by $1/M_{prot}^{(tot)}$ yields

$$\kappa \equiv \frac{\rho_{cyt}}{\sigma_{mem}} = \frac{\frac{M_{RNA}}{M_{prot}^{(tot)}} + \frac{M_{DNA}}{M_{prot}^{(tot)}} + \frac{M_{prot}^{(tot)}}{M_{prot}^{(tot)}}(1 - \phi_{mem} - \phi_{peri})}{\frac{M_{prot}^{(mem)}}{M_{prot}^{(tot)}}}} \times \frac{2S_A}{V}. \quad (9)$$

244 We now note that the i) ratio $M_{prot}^{(mem)}/M_{prot}^{(tot)}$ is defined as the membrane proteome fraction ϕ_{mem} and ii) that
 245 the mass ratio of DNA to protein $M_{DNA}/M_{prot}^{(tot)}$ is small¹ and can be neglected. Doing so yields

$$\kappa \equiv \frac{\rho_{cyt}}{\sigma_{mem}} = \frac{\frac{M_{RNA}}{M_{prot}^{(tot)}} + \frac{M_{DNA}}{M_{prot}^{(tot)}} + \frac{M_{prot}^{(tot)}}{M_{prot}^{(tot)}}(1 - \phi_{mem} - \phi_{peri})}{\frac{M_{prot}^{(mem)}}{M_{prot}^{(tot)}}}} \times \frac{2S_A}{V} = \frac{\frac{M_{RNA}}{M_{prot}^{(tot)}} + 1 - \phi_{mem} - \phi_{peri}}{\phi_{mem}}} \times \frac{2S_A}{V}, \quad (10)$$

246 which can then be solved for S_A/V to yield Eq. 5.

247 4.2 Mathematical Relation Between Width and the Surface-To-Volume Ratio

248 In Eq. 6, we assert that the surface-to-volume ratio S_A/V is inversely proportional to the cell width w . This
 249 is arrived at as follows. We state that the surface area of a spherocylinder with a width w and total length
 250 ℓ is defined as

$$S_A = \overbrace{\pi w(\ell - w)}^{\text{cylinder area}} + \underbrace{\pi w^2}_{\text{cap area}} = \pi w \ell. \quad (11)$$

251 Similarly, we state that the volume of a sphereocylinder is

$$V = \overbrace{\frac{\pi}{4}w^2(\ell - w)}^{\text{cylinder volume}} + \underbrace{\frac{\pi}{6}w^3}_{\text{cap volume}} = \frac{\pi}{12}w^3(3\ell - w). \quad (12)$$

252 As a result, the surface-to-volume of a sphereocylinder is

$$\frac{S_A}{V} = \frac{\pi\ell w}{\frac{\pi}{12}w^2(3\ell - w)} = \frac{12\ell}{w(3\ell - w)}. \quad (13)$$

253 We can now state that a spherocylinder has a length-to-width aspect ratio α , simplifying Eq. 13 as

$$\frac{S_A}{V} = \frac{12\alpha w}{w^2(3\alpha - 1)} = \frac{12\alpha}{3\alpha - 1} \times \frac{1}{w}, \quad (14)$$

254 which is the same as Eq. 6. As the aspect ratio α is typically 2 or larger, the surface-area-to-volume ratio is
255 in a good approximation only dependent on width, $\frac{S_A}{V} \approx \frac{4}{w}$.

256 4.3 Bayesian Parameter Estimation

257 We employed a Bayesian definition of probability to infer the various parameters used in this study. We
258 direct the reader to the Appendix 2 for a detailed discussion of these statistical models and their assumptions.
259 Speaking generally, we sought to compute the posterior probability distribution $g(\theta | y)$ of a parameter θ
260 conditioned on a set of measurements y . Using Bayes' rule, this can be computed as

$$g(\theta | y) = \frac{f(y | \theta)g(\theta)}{f(y)}, \quad (15)$$

261 where g and f denote probability density functions over parameter and data, respectively. For the data
262 observed in this work, we used a Gaussian distribution for the likelihood function $f(y | \theta)$ for the parame-
263 ter(s) of interest. The choice of the prior distribution $g(\theta)$ was dependent on the precise parameter being
264 inferred, but in most cases was treated to be a standard half-normal distribution with a scale parameter
265 of $\sigma = 1$. For this work, the denominator $f(y)$ was treated as a normalization constant and was therefore
266 neglected in the estimation. All statistical modeling and parameter inference was performed using Markov
267 chain Monte Carlo (MCMC). Specifically, we used Hamiltonian Monte Carlo sampling as is implemented in
268 the Stan programming language.⁹³ All statistical models as `stan` files are available on the paper's GitHub
269 repository accessible via doi:10.5281/zenodo.10048570.

270 4.4 Bacterial Strains and Cell Husbandry

271 Experiments performed in this work were conducted using *Escherichia coli* K-12 strain NCM3722 supplied
272 from the lab of Terence Hwa at UCSD, originally obtained from the laboratory of Sydney Kustu.⁹⁴ Perturba-
273 tions of intracellular ppGpp concentrations were performed using a genetic system as described in Bücke *et*
274 *al.*⁷⁰ These plasmids (without fluorescent tags) were ordered from AddGene (pRelA' AddGeneID:175595;
275 pMeshI AddGeneID:175594) and transformed individually into our lab stock of NCM3722 on appropriate

276 selection conditions. All used strains are listed in Appendix Table 2. Culturing plasmids were performed
277 under either Ampicillin (pMeshI; 100 $\mu\text{g} / \text{mL}$) or Kanamycin (pRelA; 50 $\mu\text{g}/\text{mL}$) selection. In experiments
278 with minimal media, one third of these concentrations were used.

279 To ensure sample analysis at steady-state, cells were processed through three different cultivation steps
280 before samples were taken. To start, "seed culture" was grown in Miller LB rich medium (Fisher Scientific,
281 Cat. No. BP1426) from a single colony on an LB agarose plate. This seed culture was grown in a 37° C water-
282 bath shaker under constant aeration (shaking at 240 rpm) for several hours until the culture was saturated.
283 This seed culture was then diluted at least three hundred fold into fresh LB media or a minimal phosphate
284 buffer medium (basic buffer solution supplemented with 10 mM NH_4Cl and a carbon-source of choice, see
285 Appendix 3.1). This culture, the "pre-culture condition", was then allowed to grow under constant aeration
286 until an optical density $OD_{600nm} \approx 0.3 - 0.4$ (Thermo Scientific Genesys 30, 1-cm path length cuvette) was
287 reached. This culture was then diluted ten fold into fresh medium with the same composition, pre-warmed
288 to 37° C. This culture, the "experimental culture", was then grown in identical conditions as the pre-culture.
289 Growth curves were obtained by regular OD_{600} measurements while the culture remained between an op-
290 tical density range of $OD_{600nm} \approx 0.04 - 0.5$. Experimental samples were taken and processed as described
291 in Appendix 3 and briefly below.

292 For strains with ppGpp perturbations, the seed culture was grown in a glucose-supplemented mini-
293 mal medium. Once the seed culture reached an optical density OD_{600nm} between 0.3 – 0.4, the culture
294 was diluted two-thousand fold into a fresh, prewarmed glucose minimal medium supplemented with the
295 appropriate amount of inducer, either doxycycline (dox, Sigma, Cat. No. D5207) or Isopropyl β - d-1-
296 thiogalactopyranoside (ITPG, Goldbio Cat. No. 12481C5) for RelA and MeshI induction, respectively.

297 4.5 Quantification of Total RNA and Protein Masses

298 To obtain the RNA-to-protein ratio $\frac{M_{RNA}}{M_{prot}^{(tot)}}$ we determined total RNA and total protein separately, starting
299 with 1ml and 1.5ml cell culture samples respectively collected at the same time from a steady-state culture
300 at $OD_{600nm} \approx 0.4$. Total protein was determined following the biuret method.⁹⁵ Total RNA was determined
301 following a well-established perchloric acid method⁹⁶ optimized to account for cell loss during centrifuga-
302 tion. Protocols are provided in Appendix 3.2.

303 4.6 Quantification of Periplasmic Protein Mass

304 To quantify periplasmic protein mass, we further developed a previously introduced protein separation as-
305 say.⁹⁷ To proceed, a 1ml sample volume was collected at $OD_{600nm} \approx 0.4$ from a steady state culture. The
306 sample was then exposed to a mild osmotic shock to fracture the outer membrane. Periplasmic proteins ac-
307 cumulating in the solution were then separated from other proteins (cytoplasmic and membrane attached
308 proteins) via centrifugation. Finally, the Biorad protein assay was used to quantify total protein mass in
309 the periplasmic fraction (supernatant). Mass spectrometry analysis of the periplasmic protein fraction con-
310 firmed the strong enrichment of periplasmic proteins. This analysis and the detailed experimental protocols
311 are provided in Appendix 3.3.

312 4.7 Quantification of Membrane Protein Mass

313 To quantify the mass of membrane proteins we have developed an assay which uses ultracentrifugation to
314 separate membrane from other proteins. To proceed, 2ml culture volume was collected from a steady-state
315 culture at $OD_{600nm} \approx 0.4$. After sonication and the separation of unlysed cells via centrifugation, ultracen-
316 trifugations at 65k RPM (100k G) was performed to extract membrane proteins. The mass of the membrane
317 proteins (pellet) was then determined using the BCA microassay, an assay chosen to be compatible with the
318 separation procedure. The detailed protocol is provided in Appendix 3.4.

319 4.8 Microscopy & Measurement of Cell Dimensions

320 From a steady-state culture, 2 μ L was transferred onto a 1% agarose pad supplemented with isotonic mim-
321 imal medium buffer base. After drying for 2 - 3 minutes, this pad was mounted on a slide, covered with
322 a coverslip, and imaged under 100X phase-contrast microscopy using a Zeiss AxioVert 200M microscope
323 outfitted with an AmScope MU1003 CMOS camera. Images were transferred to a back-up server and were
324 later processed using in-house image processing Python code, as described in Appendix 4.

325 4.9 Code and Data Availability

326 All Python code, Stan probabilistic models, and processed data sets are available on the paper's GitHub
327 repository doi:10.5281/zenodo.10048570 accessible via github.com/cremerlab/density_maintenance.
328 Raw microscopy images are available to download from the Stanford Data Repository accessible via doi:
329 10.25740/mk520hp68790.

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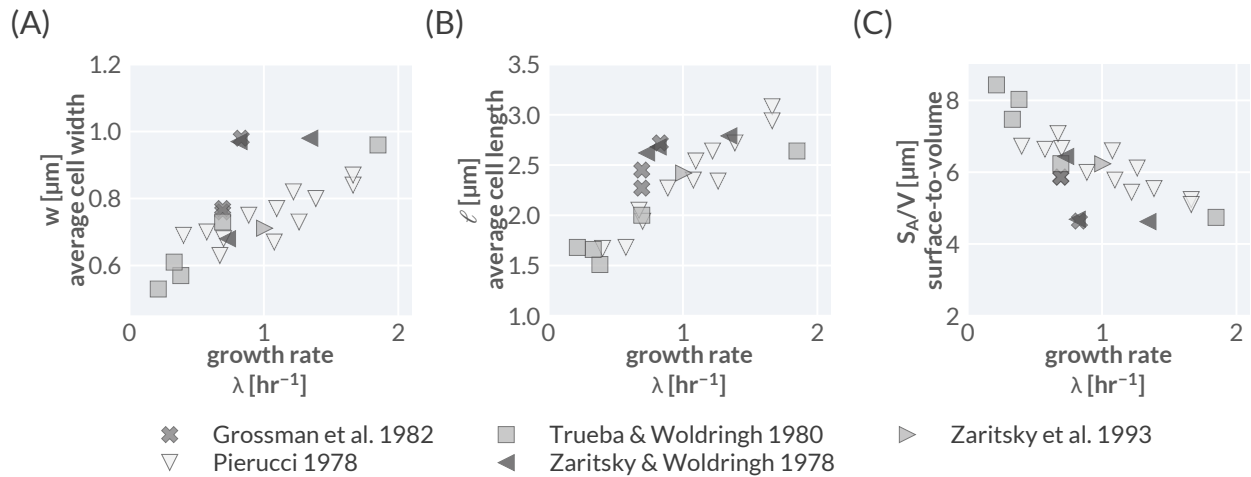


Figure S1: Other dimensional growth laws. Empirical relationships between the average cell (A) width, (B) length, and (C) surface-to-volume ratio as a function of the steady-state growth rate. Growth on different carbon sources.

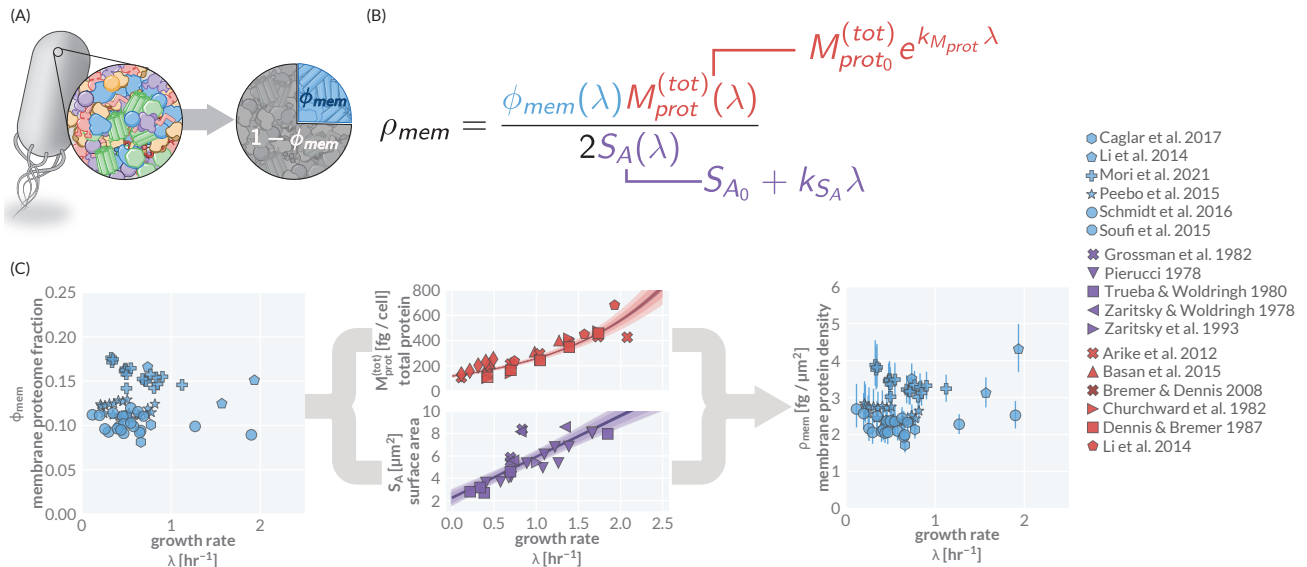


Figure S2: Calculation of membrane protein areal densities from mass spectrometry data. (A) Mass spectrometry provides data on proteome composition for the total cell, including the fraction of the proteome being membrane proteins, ϕ_{mem} . (B) For each sample in the mass spectrometry dataset, one can calculate the membrane density (black, left) knowing the total mass of protein per cell $M_{prot}^{(tot)}$ (red) and the surface area of the cell S_A (purple). The total protein mass as a function of the growth rate can be empirically well described by an exponential relation with two parameters, $M_{prot,0}^{(tot)}$ and $k_{M_{prot}}$. Similarly, the total surface area as a function of the growth rate can be well described by a linear relation with an intercept and slope of S_{A0} and k_{S_A} , respectively. (C) For each measurement of the membrane protein fraction (left), the total membrane protein density (right) can be calculated given uncertainty in fitting an exponential (middle, top) and linear (middle, bottom) function to the total protein and surface area, respectively, as a function of the growth rate. Shaded bands represent the 95%, 75%, 25%, and median percentiles of the fit from light to dark, respectively. Markers and errors in (C, right) denote the median and extent of the 95% credible regions calculated from the equation shown in (B).

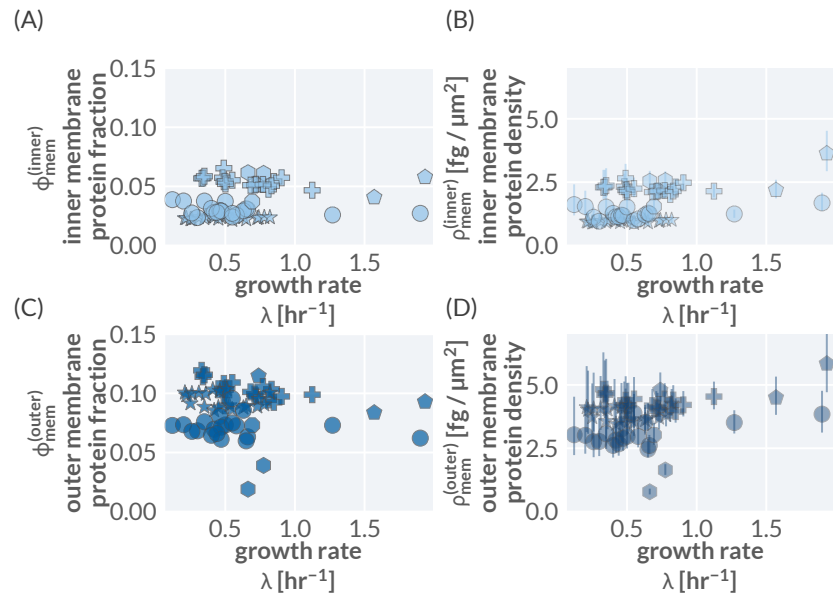


Figure S3: Membrane densities are constrained in both the inner and outer membrane. (A) Inner membrane protein fraction as observed in proteomic data using protein-level classification in Babu *et al.*⁶⁰ (B) Calculated inner membrane protein density following procedure outlined in Fig. S2. (C) Observed outer membrane protein fraction as observed in proteomic data and (D) calculated outer membrane protein density. While there is variation between studies for all quantities, the observed scaling within each data set is notably conserved. Symbols are the same as those listed in the legends of Fig. 1.

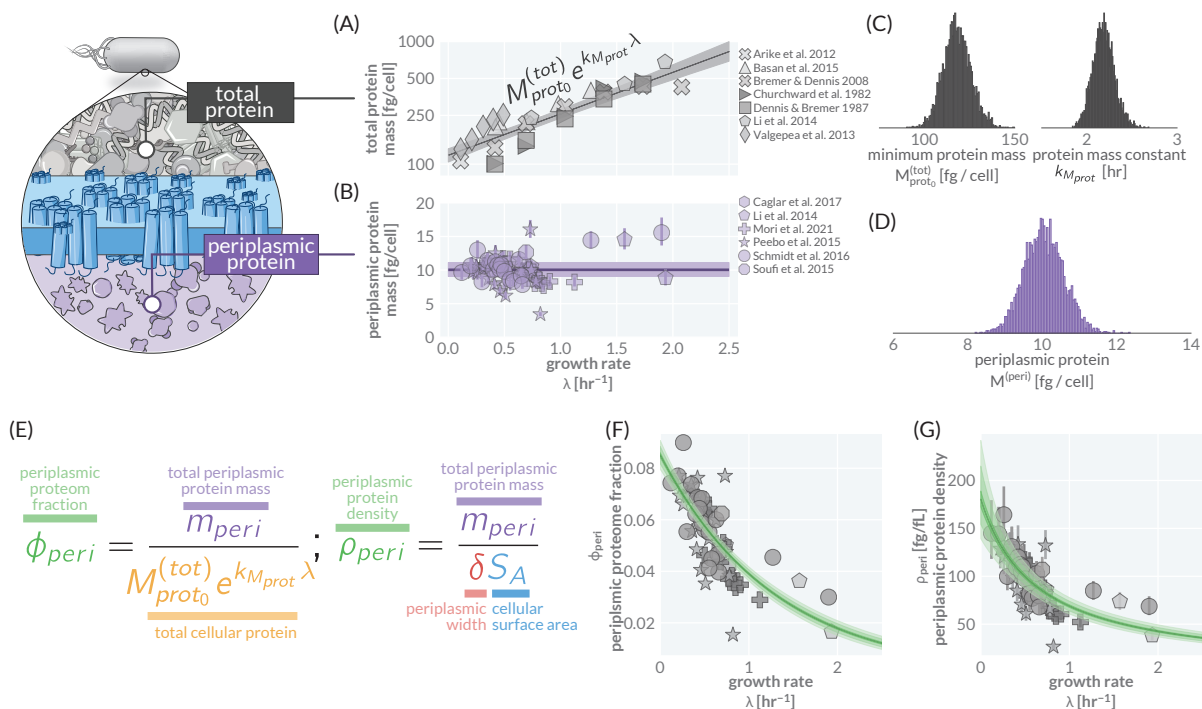


Figure S4: Characterization of the periplasmic proteome fraction and density. (A) Observed growth-rate dependence of the total cellular protein. (B) Observed total periplasmic protein mass, as calculated from proteomic data and total protein mass. Posterior probability distributions of parameters describing the exponential scaling of total protein with growth rate $M_{prot}^{(tot)} e^{k_{M_{prot}} \lambda}$ (C) and for the constant periplasmic protein mass constant $M_{peri}^{(per)}$ (D). (E) Equations for predicting the total periplasmic proteome fraction and periplasmic protein density as a function of the growth rate. We assume here a constant periplasmic width $\delta = 24.6$ nm.⁶⁸ Predictions overlaid with observations for the (F) periplasmic proteome fraction and (G) the periplasmic protein density. Shaded bands in figure correspond to the 95%, 75%, 25%, and median percentiles of the posterior probability density.

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